UCD University Center for Training & Development

"Redefine Your Potential"

Team Building

Overview

Teamwork is a part of everyday life. Whether it's at home, in the community, or at work, we are often expected to be a functional part of a performing team. This workshop will encourage participants to explore the different aspects of a team, as well as ways that we can become top-notch team performers, or be able to build efficient teams.

Learning Objectives

By the end of this workshop, participants will be able to:

- . Describe the concept of a team, and factors necessary for its success
- . Explain the four phases of the Tuckman team development model and define their characteristics
- . List the three types of teams
- . Describe actions to take as a leader and as a follower for each of the four phases (Forming, Storming, Norming and Performing)
- . Discuss the uses, benefits and disadvantages of various team-building activities
- . Describe several team-building activities that you can use, and in what settings
- . Follow strategies for setting and leading meetings
- . Detail problem-solving strategies using the Six Thinking Hats model and one consensus-building approach to solving team problems
- . List actions to do and those to avoid when encouraging teamwork

Course Level:	Introductory
Course Duration:	2 days
Course Format:	Instructor-led course
Target Audience:	Managers, supervisors, and staff who are involved in working with a group of people to achieve success
Pre-Requisite:	None

Course offering : Monthly

Date : Call for details

Location : Jal El-Dib, Hamra, Damour, Aley and Semganieh

Class participants : 8-15

Student Materials : Included

Cost : 350.00 USD



For additional information & registration: Email: info@uctd.mubs.edu.lb | www.**mubs**.edu.lb Tel: 04 719 109 – 71 566 670